

TRANS FATTY ACIDS IN FOOD PRODUCTS

SCOPE

Specific requirements for the maximum permitted amount of trans fatty acids in food products which have been produced in Latvia, including in public catering undertakings, brought in from other European Union Member States, and states of the European Economic Area or the third countries, and are provided for distribution in Latvia.

LATVIAN REGULATIONS

Cabinet Regulation No.301, adopted May 17, 2016 "[Regulations Regarding the Maximum Permitted Amount of Trans Fatty Acids in Food Products](#)"

PRIOR AUTHORIZATION

Not required

CONTACTS

AUTHORITY RESPONSIBLE FOR REGULATIONS

Ministry of Health

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Phone: +371 67876000

MARKET SURVEILLANCE AUTHORITY

Controls the products in the market:

Food and veterinary service

Web: www.pvd.gov.lv

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MAIN REQUIREMENTS FOR ECONOMIC OPERATORS

1. The requirements of the Regulation shall be applied to the food products containing trans fatty acids which have occurred in the following technological processes of food production: upon hydrogenating oil; upon pressing oil in high temperature; upon frying and heating food products in oil; upon frying and grilling food products containing fats.
2. The requirements of the Regulation shall not be applied to fats and products of animal origin containing trans fatty acids that have occurred naturally and have not been added during the food production process.

3. The maximum permitted amount of trans fatty acids in food products may not exceed 2 g per 100 g of the total amount of fats, but
 - 3.1. If the total amount of fats is less than 3 %, the maximum permitted amount of trans fatty acids in food products may not exceed 10 g per 100 g of the total amount of fats;
 - 3.2. If the total amount of fats is from 3% to 20 %, the maximum permitted amount of trans fatty acids in food products may not exceed 4 g per 100 g of the total amount of fats.